



Breakfast Choices

Available every day
Breakfast includes:

- Breakfast entrée or choice of cereals with toast
- Fruit
- Milk choices



Cereal Choices With Toast

Available every day

Entree Note:
Homestyle/Scratch 😊

Menu items are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
No School Parent Teacher Conferences 3	Cheese Omelet Fruit Milk Choices 4	Homestyle Sausage Gravy over Fresh Baked Biscuit 😊 Fruit Milk Choices 5	Breakfast Pizza Fruit Milk Choices 6	Fresh Baked Cinnamon Roll 😊 100% Fruit Juice Milk Choices 7
Breakfast Pizza Fruit Milk Choices 10	Fresh Baked Fruit Muffin Square 😊 Fruit Milk Choices 11	Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit 😊 Fruit Milk Choices 12	Pancake Sausage Stick Fruit Milk Choices 13	Fresh Baked Cinnamon Roll 😊 100% Fruit Juice Milk Choices 14
French Toast Sticks with Syrup Fruit Milk Choices 17	Homestyle Sausage Gravy over Fresh Baked Biscuit 😊 Fruit Milk Choices 18	Homestyle Breakfast Quesadilla 😊 Fruit Milk Choices 19	Breakfast Pizza Fruit Milk Choices 20	Fresh Baked Cinnamon Roll 😊 100% Fruit Juice Milk Choices 21
Breakfast Pizza Fruit Milk Choices 24	Cheese Omelet Fruit Milk Choices 25	Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit 😊 Fruit Milk Choices 26	Mini Pancake Sausage Bites Fruit Milk Choices 27	No School Fall Break 28
Cinnamon Tastry Fruit Milk Choices 31				



Meal Prices

ES Breakfast	\$1.20
MS Breakfast	\$1.20
HS Breakfast	\$1.20
Adult Breakfast	\$1.50
Reduced Price	\$0.30

Breakfast is served every day at O'Neill Public Schools from 7:30 a.m. to 8:00 a.m.

Applications for Free and Reduced price meals are available at the school office.

Extras Available

Extra Breakfast Entrée	\$1.00
Extra Milk	\$.40
Cereal Bar	\$1.00
Pop Tart	\$1.00
Rice Krispy Treat	\$1.00

Please note: If there is a late start due to weather conditions, breakfast will not be served.

Whole Grain is Best!

We offer Cheerios® and Kix® cereals daily to provide students with a healthy, whole grain, no sugar added, cereal option. Get your day off to a great start with breakfast!

Studies show that students who have breakfast are able to perform better in the classroom.



Questions Comments

Contact Charlene Smith,
Food Service Director at
712-898-5224 or
charlene@lunchtimesolutions.com